

AETNA BETTER HEALTH® OF WEST VIRGINIA

Clinical practice guidelines

We adopt evidence-based clinical practice guidelines (CPG) from nationally-recognized sources. We do this to promote consistent application of evidence-based treatment methodologies. We make the CPGs available to our network providers to help improve health care. We review CPGs at least every two years. We may review them more frequently if national guidelines change within the two-year period.

We provide CPGs for informational purposes only. They aren't meant to direct individual treatment decisions. All patient care and related decisions are the sole responsibility of providers. These guidelines don't dictate or control a provider's clinical judgment regarding the appropriate treatment of a patient in any given case.

You can access the CPGs we've adopted using the links below.

CPG	Description	Date Adopted
Alcohol abuse	National Institute on Alcohol Abuse and Alcoholism (NIAAA), Helping Patients Who Drink Too Much, A Clinician's Guide, 2005 Edition. http://pubs.niaaa.nih.gov/publications/Practitioner/CliniciansGuide2005/clinicians_guide.htm	March 2016
Asthma	National Heart, Lung and Blood Institute (NHLBI)-Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma Full report 2007. http://www.nhlbi.nih.gov/health-pro/guidelines/current/asthma-guidelines/	March 2016
Attention deficit/hyperactivity disorder	American Academy of Pediatrics (AAP): Diagnosis, Evaluation and Treatment of Attention-Deficit/Hyperactivity Disorder (ADHD) in Children and Adolescents, October 2011. http://pediatrics.aappublications.org/content/early/2011/10/14/peds.2011-2654	March 2016
Coronary artery disease	2012 ACCF/AHA/ACP/AATS/PCNA/SCAI/STS Guideline for the Diagnosis and Management of Patients With Stable Ischemic Heart Disease http://content.onlinejacc.org/article.aspx?articleid=1391404	March 2016
Coronary artery disease	2014 ACC/AHA/AATS/PCNA/SCAI/STS Focused Update of the Guideline for the Diagnosis and Management of Patients With Stable Ischemic Heart Disease http://content.onlinejacc.org/article.aspx?articleid=1891717	March 2016
Diabetes	American Diabetes Association (ADA) Standards of Medical Care in Diabetes- 2017. http://professional.diabetes.org/content/clinical-practice-recommendations	June 2017
Major depressive disorder	American Psychiatric Association (APA) Guideline for the Treatment of Patients with Major Depressive Disorder, Third Edition. http://psychiatryonline.org/guidelines.aspx	March 2016