



AETNA BETTER HEALTH® Over the counter (OTC) product list

ALL OTC PRODUCTS REQUIRE A PRESCRIPTION

NOTE: CERTAIN PRODUCTS ON THIS LIST MAY HAVE QUANTITY LIMITS (QLL), STEP THERAPY, OR PRIOR AUTHORIZATION REQUIREMENTS. THESE REQUIREMENTS ARE PROVIDED NEXT TO THE COVERED PRODUCT.

Antacids

Brand	Generic Covered Product
Alka Seltzer	effervescent pain relief tablet
Tums	calcium carbonate tablet
Gas-X	simethicone

Anti-Diarrheal

Brand	Generic Covered Product
Imodium	loperamide
	kaolin/pectin suspension

Anti-Fungal

Brand	Generic Covered Product
Mycelex	clotrimazole
Monistat	miconazole
Nizoral	miconazole 2%

Anti-Hemorrhoidal Cream

Brand	Generic Covered Product
Preparation H	hemorrhoidal Cream

Cough / Cold / Allergy

Brand	Generic Covered Product
Benadryl	diphenhydramine
Claritin	loratadine solution, syrup, tablet
Claritin D	loratadine/pseudoephedrine tablet (QLL=#30 tablets/30 days)
MUCINEX, DM OTC	Brand MUCINEX, DM OTC covered
Robitussin	tussin syrup, softgel, liquicap
Robitussin DM	tussin DM
Zyrtec	cetirizine solution, tablet
Zyrtec D	cetirizine/pseudoephedrine tablet (QLL=#60 tablets/30 days)

Dermatological Agents

Brand	Generic Covered Product
	benzoyl peroxide cleanser, gel, lotion, wash
	capsaicin cream
	doak tar distillate, oil
Cortaid 1%	hydrocortisone 1% cream
Desitin	zinc oxide ointment
Zetar	cutar l.c.d emulsion/pc tar shampoo

Diabetic Supplies

Covered Brand Products; Combined QLL for test strips=204/month
CHEMSTRIP
Glucose chewable tablets
Insulin syringes
KETOSTIX
MICROLET LANCING DEVICE/LANCETS
ONE TOUCH ULTRA2 UKTRALINK, ULTRAMINI, ULTRASMART
ONE TOUCH SELECT
ONETOUCH TEST STRIPS, CONTROL SOLUTION
SOFT TOUCH
SOFTCLIX

Digestion

Brand	Generic Covered Product
Prilosec	omeprazole (Requires STEP/PA; Combined QLL=120 tabs)
Zantac	ranitidine

Eye Care

Brand	Generic Covered Product
Hypo tears	artificial tears
Refresh Tears Liquigel (15 mL and 30 mL bottles only)	Refresh Tears Liquigel (15 mL and 30 mL bottles only)
Systane (15 mL and 30 mL bottles only)	Systane (15 mL and 30 mL bottles only)
Zaditor	Zaditor

Family Planning

Brand Covered Product
NEXT CHOICE PLAN B; QLL=2 tabs (1 pkg)/1 month; QLL=6 tabs (3 pkg)/year
PLAN B ONE STEP; QLL=1 tab (1 pkg)/1 month; QLL=3 tabs (3 pkg)/year

First Aid

Brand	Generic Covered Product
	bacitracin topical ointment
Polysporin	bacitracin/polymyxin B
Neosporin	triple antibiotic cream

Laxatives

Brand	Generic Covered Product
Dulcolax	bisacodyl
Colace	docusate
Fleet	glycerin
Fleet Bisacodyl Enema	
Phillips milk of magnesia	milk of magnesia
MIRLAX	Brand MIRLAX covered; QLL=510 g/30 days
Metamucil	psyllium
Alternagel	aluminum hydroxide gel
Maalox	antacid liquid, suspension
MagOx	magnesium oxide
PEG 3350	polyethylene glycol 3350 powder for suspension
	sorbitol 70% oral solution

Neurological Agents

Brand	Generic Covered Product
Antivert	meclizine

Pain Relievers

Brand	Generic Covered Product
Tylenol	acetaminophen tablets, capsules, suppositories, liquids, drops (QLL=4 grams/day)
Ecotrin	aspirin tablets, capsules, suppositories

Respiratory Supplies

Covered Brand Product QLL= 1 spacer or meter/year
AEROCHAMBER, MICROCHAMBER
ASSESS PEAK FLOW METER
MICROLIFE PEAK FLOW METER
PERSONAL BEST PEAK FLOW METER

Smoking Cessation

Brand	Generic Covered Product
Nicorette	Nicotine gum
Nicoderm	Nicotine patch
Commit	Nicotine lozenge

Vitamins

Brand	Generic Covered Product
Drisdol	calciferol, ergocalciferol drops
Caltrate	calcium carbonate, calcium carbonate 600mg + D
Citracal	calcium citrate
	ferrous citrate
	ferrous fumarate
	ferrous gluconate
Iron	ferrous sulfate
Flintstones	Children's chewable multivitamin, poly-vitamin drops, multi-vit drops
	sodium bicarbonate
	SLO Niacin
	niacin