

## AETNA BETTER HEALTH<sup>®</sup> OF KENTUCKY



### Who needs a flu shot? You do.

We cover flu shots for our members. Get yours today.

Every adult and child six months of age and older needs a flu shot every year. Why? The flu virus is always changing. If you got a flu shot last year, it won't protect you this year.

#### You may need a pneumonia shot too

You may be at risk for complications from the flu if:

- You're over 65
- You have a chronic condition like asthma, diabetes or lung disease

Ask your doctor about a one-time pneumonia shot. It will give you extra protection during flu season.

#### It's easy to get your flu shot

Just go to your doctor's office or clinic. Adults can also get a flu shot at most retail pharmacies in our network. Check the CVS pharmacy locator for a pharmacy near you: [www.cvs.com/store-locator/landing](http://www.cvs.com/store-locator/landing). Make sure your local pharmacy is giving flu shots before you go. You don't need a prescription.

#### Questions?

Call Member Services at **1-855-300-5528**, TTY **711/TDD 1-800-627-4702**.

[www.aetnabetterhealth.com/kentucky](http://www.aetnabetterhealth.com/kentucky)