# Contract Provider Seminar

## What is the NAMI Provider 4 hr. Seminar program?

NAMI Provider 4-hour seminar informs health care providers on the challenges that individuals and families with mental health conditions face. The seminar encourages greater understanding of the family's perspective so future care is more collaborative, involving the person, the family, and the health care professional; effective and empathetic. Having everyone engaged in the recovery process facilitates better outcomes.

The seminar is presented by a trained team that includes a person with a mental health condition who is in recovery, a family member of someone with a mental health condition and a amental health professional who has a mental health condition or is a family member. The presenters share their personal, intimate perspective on their treatment experience.

NAMI Texas is offering NAMI Provider 4—hour seminar on: Saturday, January 28, 2023 from 10 a.m.—2 p.m. C.S.T. via online. Register at <u>https://namitexas.org/providerseminar/</u>



### **Participant perspectives**

"The sessions are powerful. They teach us and move us to tears. We become humble as they challenge us to reexamine our constructs of psychiatric illness and treatment. We walk in their shoes."

"The program has given us essential insight to view individuals with mental illness and their families as partners in the treatment process."

### Contact us to register for this staff development opportunity!



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National Alliance on Mental Illness

#### About NAMI

NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization. NAMI provides advocacy, education, support and public awareness so that all individuals and families affected by mental illness can build better lives. NAMI Texas and dedicated volunteers work to raise awareness and provide essential education, advocacy and support group programs for individuals and families in our community who are affected by mental health conditions.