

Medically Tailored, No Cost Meals

This enhanced benefit is available **ONLY** to Aetna Better Health® Kids (CHIP) members!



Aetna Better Health® Kids partners with MANNA (Metropolitan Area Neighborhood Nutrition Alliance) to provide food to our members who have medical conditions that can be improved through tailored meals. MANNA provides you with weekly pre-packed, nutritious meals prepared to fit your dietary needs.

What is MANNA?

MANNA is a Total Nourishment Program. The MANNA program will help you to learn how eating a healthy diet can help to improve your health. Our team of registered dietitians are here to support you during your time on the meal program and help you plan for a healthy future.

MANNA delivers meals weekly to member's homes in temperature controlled packaging. This service also includes a dietician consultation and dietary education.

Food as medicine for certain medical conditions

- Anemia
- Chronic kidney disease
- Diabetes
- Failure to thrive
- Hyperlipidemia
- Hypertension
- Obesity
- Pregnancy and pregnancy induced conditions

Do I qualify?

If you have a medical condition or want to know if you qualify, ask our Special Needs Unit at [1-855-346-9828](tel:1-855-346-9828) (TTY: [711](tel:1-855-346-9828)) Monday – Friday, 8AM–5PM and speak with one of our Care Management representatives. They can help you set up a meal plan with MANNA.

Member Services is here to help too



[AetnaBetterHealthKidsPA.com](https://www.aetnabetterhealthkids.com)

[1-800-822-2447](tel:1-800-822-2447) (TTY: [711](tel:1-800-822-2447))



Aetna Better Health® Kids complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex, gender, gender identity or expression, or sexual orientation.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call: [1-800-822-2447](tel:1-800-822-2447) (TTY: [711](tel:711)).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al [1-800-822-2447](tel:1-800-822-2447) (TTY: [711](tel:711)).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните [1-800-822-2447](tel:1-800-822-2447) (TTY: [711](tel:711)).